

Novo evento

Sildoor Treinos 2

Treinos 2

Treino iniciado em 15:43:33

Nova pista 0,000 Km

14/04/2023 15:33

| Volta                | Volta Tm | Diff      | Hora do dia  | Volta              | Volta Tm | Diff    | Hora do dia  | Volta              | Volta Tm | Diff    | Hora do dia  |
|----------------------|----------|-----------|--------------|--------------------|----------|---------|--------------|--------------------|----------|---------|--------------|
| (14) Márcio Santos   |          |           |              | 4                  | 1:38.789 | +39.244 | 15:49:05.290 | 1                  | 1:13.087 | +6.646  | 16:02:33.515 |
| 1                    | 56.719   | +4.923    | 15:44:30.259 | 5                  | 1:03.021 | +3.476  | 15:50:08.311 | 2                  | 1:06.441 |         | 16:03:39.956 |
| 2                    | 54.904   | +3.108    | 15:45:25.163 | 6                  | 1:04.252 | +4.707  | 15:51:12.563 | (27) Raissa Santos |          |         |              |
| 3                    | 54.385   | +2.589    | 15:46:19.548 | 7                  | 59.545   |         | 15:52:12.108 | 1                  | 1:33.912 | +25.295 | 15:45:24.789 |
| 4                    | 52.976   | +1.180    | 15:47:12.524 | 8                  | 1:02.382 | +2.837  | 15:53:14.490 | 2                  | 1:22.829 | +14.212 | 15:46:47.618 |
| 5                    | 54.707   | +2.911    | 15:48:07.231 | 9                  | 1:01.070 | +1.525  | 15:54:15.560 | 3                  | 1:21.696 | +13.079 | 15:48:09.314 |
| 6                    | 54.037   | +2.241    | 15:49:01.268 | (26) Anabela Nunes |          |         |              | 4                  | 1:19.915 | +11.298 | 15:49:29.229 |
| 7                    | 52.338   | +0.542    | 15:49:53.606 | 1                  | 1:21.447 | +19.970 | 15:45:10.368 | 5                  | 1:13.938 | +5.321  | 15:50:43.167 |
| 8                    | 52.507   | +0.711    | 15:50:46.113 | 2                  | 1:09.580 | +8.103  | 15:46:19.948 | 6                  | 1:08.617 |         | 15:51:51.784 |
| 9                    | 52.455   | +0.659    | 15:51:38.568 | 3                  | 1:06.042 | +4.565  | 15:47:25.990 | 7                  | 1:09.265 | +0.648  | 15:53:01.049 |
| 10                   | 51.796   |           | 15:52:30.364 | 4                  | 1:05.583 | +4.106  | 15:48:31.573 | 8                  | 1:12.647 | +4.030  | 15:54:13.696 |
| 11                   | 52.137   | +0.341    | 15:53:22.501 | 5                  | 1:05.041 | +3.564  | 15:49:36.614 | (11) Marina Matos  |          |         |              |
| 12                   | 59.360   | +7.564    | 15:54:21.861 | 6                  | 1:02.743 | +1.266  | 15:50:39.357 | 1                  | 1:28.073 | +16.393 | 15:45:27.026 |
| 13                   | 54.245   | +2.449    | 15:55:16.106 | 7                  | 1:03.224 | +1.747  | 15:51:42.581 | 2                  | 1:18.128 | +6.448  | 15:46:45.154 |
| (16) Luis Borges     |          |           |              | 8                  | 1:03.348 | +1.871  | 15:52:45.929 | 3                  | 1:17.512 | +5.832  | 15:48:02.666 |
| 1                    | 1:02.524 | +8.215    | 15:49:13.541 | 9                  | 1:01.477 |         | 15:53:47.406 | 4                  | 1:16.813 | +5.133  | 15:49:19.479 |
| 2                    | 58.709   | +4.400    | 15:50:12.250 | 10                 | 1:02.039 | +0.562  | 15:54:49.445 | 5                  | 1:14.407 | +2.727  | 15:50:33.886 |
| 3                    | 57.894   | +3.585    | 15:51:10.144 | (8) Vanessa Costa  |          |         |              | 6                  | 1:11.680 |         | 15:51:45.566 |
| 4                    | 56.207   | +1.898    | 15:52:06.351 | 1                  | 1:21.934 | +20.210 | 15:45:09.158 | 7                  | 1:12.819 | +1.139  | 15:52:58.385 |
| 5                    | 55.132   | +0.823    | 15:53:01.483 | 2                  | 1:13.110 | +11.386 | 15:46:22.268 | 8                  | 1:15.561 | +3.881  | 15:54:13.946 |
| 6                    | 55.237   | +0.928    | 15:53:56.720 | 3                  | 1:07.795 | +6.071  | 15:47:30.063 | (29) Sabina Gomes  |          |         |              |
| 7                    | 54.309   |           | 15:54:51.029 | 4                  | 1:06.776 | +5.052  | 15:48:36.839 | 1                  | 1:41.595 | +18.729 | 15:45:35.788 |
| (12) Paulo Silva     |          |           |              | 5                  | 1:07.756 | +6.032  | 15:49:44.595 | 2                  | 1:30.847 | +7.981  | 15:47:06.635 |
| 1                    | 58.309   | +2.714    | 15:44:35.711 | 6                  | 1:05.000 | +3.276  | 15:50:49.595 | 3                  | 1:27.041 | +4.175  | 15:48:33.676 |
| 2                    | 57.262   | +1.667    | 15:45:32.973 | 7                  | 1:02.746 | +1.022  | 15:51:52.341 | 4                  | 1:28.161 | +5.295  | 15:50:01.837 |
| 3                    | 56.782   | +1.187    | 15:46:29.755 | 8                  | 1:04.803 | +3.079  | 15:52:57.144 | 5                  | 1:28.200 | +5.334  | 15:51:30.037 |
| 4                    | 56.935   | +1.340    | 15:47:26.690 | 9                  | 1:04.064 | +2.340  | 15:54:01.208 | 6                  | 1:22.866 |         | 15:52:52.903 |
| 5                    | 56.562   | +0.967    | 15:48:23.252 | 10                 | 1:01.724 |         | 15:55:02.932 | 7                  | 1:24.780 | +1.914  | 15:54:17.683 |
| 6                    | 55.753   | +0.158    | 15:49:19.005 | (23) Pedro Gaspar  |          |         |              | (4) Aixa Lima      |          |         |              |
| 7                    | 57.358   | +1.763    | 15:50:16.363 | 1                  | 1:15.585 | +13.002 | 15:45:01.982 | 1                  | 1:37.624 | +14.041 | 15:45:33.307 |
| 8                    | 57.243   | +1.648    | 15:51:13.606 | 2                  | 1:10.210 | +7.627  | 15:46:12.192 | 2                  | 1:31.381 | +7.798  | 15:47:04.688 |
| 9                    | 56.914   | +1.319    | 15:52:10.520 | 3                  | 1:07.720 | +5.137  | 15:47:19.912 | 3                  | 1:24.977 | +1.394  | 15:48:29.665 |
| 10                   | 55.895   |           | 15:53:06.115 | 4                  | 1:06.669 | +4.086  | 15:48:26.581 | 4                  | 1:32.669 | +9.086  | 15:50:02.334 |
| 11                   | 56.921   | +1.326    | 15:54:03.036 | 5                  | 1:07.668 | +5.085  | 15:49:34.249 | 5                  | 1:37.979 | +14.396 | 15:51:40.313 |
| 12                   | 55.854   | +0.259    | 15:54:58.890 | 6                  | 1:06.358 | +3.775  | 15:50:40.607 | 6                  | 1:23.583 |         | 15:53:03.896 |
| (1) Nelson Gomes     |          |           |              | 7                  | 1:02.583 |         | 15:51:43.190 | 7                  | 1:26.523 | +2.940  | 15:54:30.419 |
| 1                    | 1:11.890 | +15.011   | 15:44:53.523 | 8                  | 1:03.055 | +0.472  | 15:52:46.245 | (15) Raquel Soares |          |         |              |
| 2                    | 1:04.225 | +7.346    | 15:45:57.748 | 9                  | 1:04.542 | +1.959  | 15:53:50.787 | 1                  | 1:53.050 | +23.337 | 15:45:50.858 |
| 3                    | 1:06.875 | +9.996    | 15:47:04.623 | 10                 | 1:02.853 | +0.270  | 15:54:53.640 | 2                  | 1:41.941 | +12.228 | 15:47:32.799 |
| 4                    | 1:03.410 | +6.531    | 15:48:08.033 | (24) Bruno Silva   |          |         |              | 3                  | 1:32.816 | +3.103  | 15:49:05.615 |
| 5                    | 1:04.670 | +7.791    | 15:49:12.703 | 1                  | 1:34.777 | +31.239 | 15:45:18.700 | 4                  | 1:32.255 | +2.542  | 15:50:37.870 |
| 6                    | 59.349   | +2.470    | 15:50:12.052 | 2                  | 1:24.515 | +20.977 | 15:46:43.215 | 5                  | 1:29.713 |         | 15:52:07.583 |
| 7                    | 1:01.257 | +4.378    | 15:51:13.309 | 3                  | 1:17.151 | +13.613 | 15:48:00.366 | 6                  | 1:32.377 | +2.664  | 15:53:39.960 |
| 8                    | 56.879   |           | 15:52:10.188 | 4                  | 1:17.842 | +14.304 | 15:49:18.208 | 7                  | 1:31.849 | +2.136  | 15:55:11.809 |
| 9                    | 2:23.547 | +1:26.668 | 15:54:33.735 | 5                  | 1:12.027 | +8.489  | 15:50:30.235 | (9) Vítor Lopes    |          |         |              |
| (2) Ricardo Oliveira |          |           |              | 6                  | 1:05.656 | +2.118  | 15:51:35.891 | 1                  | 2:07.841 | +30.495 | 15:45:48.866 |
| 1                    | 1:13.147 | +14.772   | 15:45:02.206 | 7                  | 1:04.439 | +0.901  | 15:52:40.330 | 2                  | 1:51.946 | +14.600 | 15:47:40.812 |
| 2                    | 58.671   | +0.296    | 15:46:00.877 | 8                  | 1:05.181 | +1.643  | 15:53:45.511 | 3                  | 2:01.986 | +24.640 | 15:49:42.798 |
| 3                    | 1:01.744 | +3.369    | 15:47:02.621 | 9                  | 1:03.538 |         | 15:54:49.049 | 4                  | 1:39.303 | +1.957  | 15:51:22.101 |
| 4                    | 1:00.041 | +1.666    | 15:48:02.662 | (25) Tânia Costa   |          |         |              | 5                  | 1:39.227 | +1.881  | 15:53:01.328 |
| 5                    | 1:47.945 | +49.570   | 15:49:50.607 | 1                  | 1:26.380 | +21.098 | 15:45:19.138 | 6                  | 1:37.346 |         | 15:54:38.674 |
| 6                    | 1:00.968 | +2.593    | 15:50:51.575 | 2                  | 1:22.205 | +16.923 | 15:46:41.343 | (3) Rui Branquinho |          |         |              |
| 7                    | 58.387   | +0.012    | 15:51:49.962 | 3                  | 1:19.945 | +14.663 | 15:48:01.288 |                    |          |         |              |
| 8                    | 59.420   | +1.045    | 15:52:49.382 | 4                  | 1:16.200 | +10.918 | 15:49:17.488 |                    |          |         |              |
| 9                    | 58.375   |           | 15:53:47.757 | 5                  | 1:15.563 | +10.281 | 15:50:33.051 |                    |          |         |              |
| 10                   | 1:01.021 | +2.646    | 15:54:48.778 | 6                  | 1:09.267 | +3.985  | 15:51:42.318 |                    |          |         |              |
| (13) Daniel Santos   |          |           |              | 7                  | 1:05.282 |         | 15:52:47.600 |                    |          |         |              |
| 1                    | 1:24.235 | +24.690   | 15:45:13.916 | 8                  | 1:06.708 | +1.426  | 15:53:54.308 |                    |          |         |              |
| 2                    | 1:07.833 | +8.288    | 15:46:21.749 | 9                  | 1:10.779 | +5.497  | 15:55:05.087 |                    |          |         |              |
| 3                    | 1:04.752 | +5.207    | 15:47:26.501 |                    |          |         |              |                    |          |         |              |