

Grupo Desportivo Fidelidade

1ª Manga 10+20

Treinos

Practice

Euroindy 0,910 Km

21-01-2017 09:13

Lap	Lap Tm	Diff	Time of Day
(22) João Vasconcelos			
1	59.932	+11.882	10:31:55.630
2	51.643	+3.593	10:32:47.273
3	49.097	+1.047	10:33:36.370
4	48.684	+0.634	10:34:25.054
5	49.031	+0.981	10:35:14.085
6	48.626	+0.576	10:36:02.711
7	48.362	+0.312	10:36:51.073
8	48.379	+0.329	10:37:39.452
9	48.211	+0.161	10:38:27.663
10	48.244	+0.194	10:39:15.907
11	48.182	+0.132	10:40:04.089
12	48.050	-	10:40:52.139

(14) Miguel Rodrigues			
1	55.934	+7.593	10:31:38.062
2	49.522	+1.181	10:32:27.584
3	49.006	+0.665	10:33:16.590
4	48.988	+0.647	10:34:05.578
5	49.110	+0.769	10:34:54.688
6	48.838	+0.497	10:35:43.526
7	56.316	+7.975	10:36:39.842
8	48.916	+0.575	10:37:28.758
9	49.354	+1.013	10:38:18.112
10	48.341	-	10:39:06.453
11	48.665	+0.324	10:39:55.118
12	48.402	+0.061	10:40:43.520
13	48.446	+0.105	10:41:31.966

(2) Ricardo Denguê			
1	59.914	+11.560	10:31:37.454
2	49.921	+1.567	10:32:27.375
3	50.345	+1.991	10:33:17.720
4	49.236	+0.882	10:34:06.956
5	48.814	+0.460	10:34:55.770
6	48.625	+0.271	10:35:44.395
7	48.437	+0.083	10:36:32.832
8	48.474	+0.120	10:37:21.306
9	48.734	+0.380	10:38:10.040
10	48.492	+0.138	10:38:58.532
11	48.846	+0.492	10:39:47.378
12	48.354	-	10:40:35.732
13	49.530	+1.176	10:41:25.262

(32) José Gaspar			
1	58.170	+9.813	10:31:36.829
2	50.081	+1.724	10:32:26.910
3	51.146	+2.789	10:33:18.056
4	49.482	+1.125	10:34:07.538
5	48.677	+0.320	10:34:56.215
6	48.973	+0.616	10:35:45.188
7	49.097	+0.740	10:36:34.285
8	48.780	+0.423	10:37:23.065
9	48.759	+0.402	10:38:11.824
10	48.357	-	10:39:00.181
11	48.704	+0.347	10:39:48.885
12	48.591	+0.234	10:40:37.476
13	49.223	+0.866	10:41:26.699

(28) Paulo Viegas			
1	55.799	+7.290	10:31:38.641
2	49.273	+0.764	10:32:27.914
3	49.265	+0.756	10:33:17.179
4	49.058	+0.549	10:34:06.237
5	48.702	+0.193	10:34:54.939

Lap	Lap Tm	Diff	Time of Day
6	48.605	+0.096	10:35:43.544
7	48.747	+0.238	10:36:32.291
8	48.704	+0.195	10:37:20.995
9	48.509	-	10:38:09.504
10	48.548	+0.039	10:38:58.052
11	48.838	+0.329	10:39:46.890
12	48.648	+0.139	10:40:35.538
13	49.448	+0.939	10:41:24.986

(1) Miguel Andrade			
1	58.336	+9.624	10:31:43.011
2	51.439	+2.727	10:32:34.450
3	50.643	+1.931	10:33:25.093
4	50.245	+1.533	10:34:15.338
5	50.030	+1.318	10:35:05.368
6	49.269	+0.557	10:35:54.637
7	48.855	+0.143	10:36:43.492
8	49.419	+0.707	10:37:32.911
9	48.712	-	10:38:21.623
10	49.507	+0.795	10:39:11.130
11	49.468	+0.756	10:40:00.598
12	49.139	+0.427	10:40:49.737

(15) Daniel Bandeira			
1	1:00.737	+11.519	10:31:48.186
2	57.545	+8.327	10:32:45.731
3	57.862	+8.644	10:33:43.593
4	51.519	+2.301	10:34:35.112
5	50.614	+1.396	10:35:25.726
6	50.377	+1.159	10:36:16.103
7	50.200	+0.982	10:37:06.303
8	50.454	+1.236	10:37:56.757
9	51.087	+1.869	10:38:47.844
10	49.218	-	10:39:37.062
11	49.670	+0.452	10:40:26.732
12	50.514	+1.296	10:41:17.246

(13) João Duarte			
1	57.722	+8.501	10:31:41.431
2	52.550	+3.329	10:32:33.981
3	52.309	+3.088	10:33:26.290
4	50.536	+1.315	10:34:16.826
5	49.778	+0.557	10:35:06.604
6	50.215	+0.994	10:35:56.819
7	49.644	+0.423	10:36:46.463
8	50.913	+1.692	10:37:37.376
9	49.803	+0.582	10:38:27.179
10	49.537	+0.316	10:39:16.716
11	49.221	-	10:40:05.937
12	49.729	+0.508	10:40:55.666

(23) Paulo Santiago			
1	1:02.559	+13.232	10:31:56.959
2	51.339	+2.012	10:32:48.298
3	50.480	+1.153	10:33:38.778
4	49.708	+0.381	10:34:28.486
5	49.599	+0.272	10:35:18.085
6	49.622	+0.295	10:36:07.707
7	50.647	+1.320	10:36:58.354
8	49.665	+0.338	10:37:48.019
9	50.500	+1.173	10:38:38.519
10	49.722	+0.395	10:39:28.241
11	51.471	+2.144	10:40:19.712
12	49.327	-	10:41:09.039

(4) João Gaspar			
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Lap	Lap Tm	Diff	Time of Day
1	1:01.434	+12.015	10:31:53.608
2	54.397	+4.978	10:32:48.005
3	51.571	+2.152	10:33:39.576
4	52.709	+3.290	10:34:32.285
5	51.480	+2.061	10:35:23.765
6	51.259	+1.840	10:36:15.024
7	50.725	+1.306	10:37:05.749
8	50.696	+1.277	10:37:56.445
9	50.269	+0.850	10:38:46.714
10	49.783	+0.364	10:39:36.497
11	49.812	+0.393	10:40:26.309
12	49.419	-	10:41:15.728

(35) Pedro Almeida			
1	1:02.821	+13.256	10:31:53.496
2	55.440	+5.875	10:32:48.936
3	53.180	+3.615	10:33:42.116
4	50.519	+0.954	10:34:32.635
5	50.867	+1.302	10:35:23.502
6	49.852	+0.287	10:36:13.354
7	49.565	-	10:37:02.919
8	50.552	+0.987	10:37:53.471
9	49.804	+0.239	10:38:43.275
10	51.659	+2.094	10:39:34.934
11	49.794	+0.229	10:40:24.728
12	49.591	+0.026	10:41:14.319

(12) Vitor Bandeira			
1	1:03.289	+13.706	10:31:53.446
2	58.910	+9.327	10:32:52.356
3	50.852	+1.269	10:33:43.208
4	50.690	+1.107	10:34:33.898
5	50.189	+0.606	10:35:24.087
6	50.460	+0.877	10:36:14.547
7	49.617	+0.034	10:37:04.164
8	49.799	+0.216	10:37:53.963
9	49.870	+0.287	10:38:43.833
10	50.771	+1.188	10:39:34.604
11	49.750	+0.167	10:40:24.354
12	49.583	-	10:41:13.937

(5) Luis Chaves			
1	1:02.918	+12.689	10:31:52.287
2	53.965	+3.736	10:32:46.252
3	53.323	+3.094	10:33:39.575
4	52.971	+2.742	10:34:32.546
5	51.784	+1.555	10:35:24.330
6	51.543	+1.314	10:36:15.873
7	51.092	+0.863	10:37:06.965
8	51.091	+0.862	10:37:58.056
9	50.229	-	10:38:48.285
10	51.051	+0.822	10:39:39.336
11	51.577	+1.348	10:40:30.913
12	50.316	+0.087	10:41:21.229

(3) João Carvalho			
1	1:03.391	+12.976	10:31:51.960
2	55.907	+5.492	10:32:47.867
3	53.970	+3.555	10:33:41.837
4	53.045	+2.630	10:34:34.882
5	53.577	+3.162	10:35:28.459
6	52.309	+1.894	10:36:20.768
7	51.660	+1.245	10:37:12.428
8	51.827	+1.412	10:38:04.255
9	51.879	+1.464	10:38:56.134
10	52.605	+2.190	10:39:48.739

1ª Manga 10+20	Euroindy 0,910 Km
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Practice	

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(31) Anibal Gomes			
1	1:05.055	+8.563	10:31:51.326
2	1:00.143	+3.651	10:32:51.469
3	57.480	+0.988	10:33:48.949
4	57.446	+0.954	10:34:46.395
5	56.492	-	10:35:42.887
6	58.666	+2.174	10:36:41.553
7	59.106	+2.614	10:37:40.659
8	57.688	+1.196	10:38:38.347
9	57.875	+1.383	10:39:36.222
10	57.196	+0.704	10:40:33.418
11	56.921	+0.429	10:41:30.339

Lap	Lap Tm	Diff	Time of Day
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